

I Give Myself Permission To...

Sometimes we wait for others to tell us it's okay... to try, to feel, to grow, to rest, to shine. But the truth is: you can give yourself permission. Write your own "Permission Slips" to yourself.



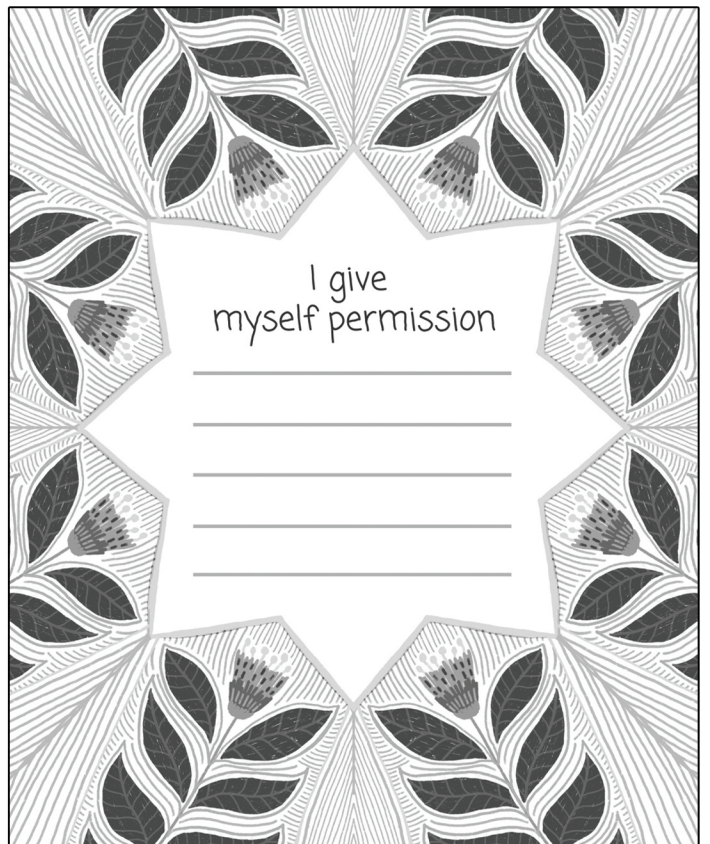
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